

# PortaCount<sup>®</sup> Fit Test Record

**Date:** \_\_\_\_\_

**Company:** \_\_\_\_\_

**Employee:** \_\_\_\_\_

**Respirator used:** \_\_\_\_\_

**PortaCount<sup>®</sup> used:** PortaCount<sup>®</sup>: \_\_\_\_\_ PortaCount<sup>®</sup> Plus: \_\_\_\_\_ PortaCount<sup>®</sup> Plus w/N95-Companion<sup>™</sup>: \_\_\_\_\_

## Exercise

1. Normal Breathing
2. Deep Breathing
3. Turning Head Side to Side
4. Moving Head Up and Down
5. Talking
6. Grimace (15 seconds)  
Normal Breathing (45 seconds)
7. Bending Over or Jogging in Place
8. Normal Breathing

## Recorded Fit Factor

Fit Factor: \_\_\_\_\_  
Fit Factor: \_\_\_\_\_  
Fit Factor: \_\_\_\_\_  
Fit Factor: \_\_\_\_\_  
Fit Factor: \_\_\_\_\_  
Fit Factor: \_\_\_\_\_  
Fit Factor: \_\_\_\_\_  
Fit Factor: \_\_\_\_\_

**OVERALL FIT FACTOR** \_\_\_\_\_ Pass: \_\_\_\_\_ Fail: \_\_\_\_\_  
(For a passing mark overall Fit Factor must be at least 100 for half masks and at least 500 for full face masks)

**Comments:** \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

## Person Conducting Test

\_\_\_\_\_

### Employee:

I have been instructed in the proper use of the Moldex respirator.  
**I will follow all procedures, instructions, and warnings when wearing  
this type of respirator.**

Signature \_\_\_\_\_

Date \_\_\_\_\_