Fitting/Usage Instructions

IMPORTANT INFORMATION
When cap is open, this earplug can be used to reduce impulse noises, such as gunfire, while also allowing you to hear low level noise. In closed cap position it can be used to help protect against continuous and impulse noises. Training is required. Before first use, practice opening and closing cap while plug is NOT in the ear canal.

CAUTIONS
Improper fit and failure to wear at all times during exposure to loud noise, will reduce protection and result in hearing loss. Impulse noise will be louder with cap open than closed. Do not use with cap open during continuous high hazardous noise. Remove slowly by twisting to avoid damage to eardrum.

FOR USE AGAINST CONTINUOUS NOISE ALWAYS WEAR WITH CAP CLOSED (FIG. 1)
A. Before inserting plug check to see that cap is fully closed shut
B. Reach over the head and pull top of ear upwards
C. With other hand grasp plug handle and gently push and wiggle into ear canal until a good and comfortable seal is made.

FOR USE AGAINST IMPULSE NOISE WHEN HEARING OTHER SOUNDS/COMMUNICATION IS ALSO NEEDED, WEAR WITH CAP OPEN (FIG. 3)
D. If plug is already being worn with cap closed, you do not need to take plug out to open cap (FIGS 4-5).

Easy to open and close in ear. Easy to see which mode is currently used.

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**CAMO FOAM ATTENUATION DATA**

Tested According to ANSI Specs S3.19-1974 Michael & Assoc., State College, PA.

<table>
<thead>
<tr>
<th>Frequency (Hz)</th>
<th>125</th>
<th>250</th>
<th>500</th>
<th>1000</th>
<th>2000</th>
<th>3150</th>
<th>4000</th>
<th>6300</th>
<th>8000</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mean Attenuation (dB)</td>
<td>42.3</td>
<td>43.7</td>
<td>46.6</td>
<td>40.9</td>
<td>38.6</td>
<td>44.7</td>
<td>46.9</td>
<td>49.3</td>
<td>48.3</td>
</tr>
<tr>
<td>Standard Deviation (dB)</td>
<td>5.0</td>
<td>6.0</td>
<td>5.8</td>
<td>4.2</td>
<td>2.8</td>
<td>3.2</td>
<td>3.3</td>
<td>4.2</td>
<td>3.6</td>
</tr>
</tbody>
</table>

**NRR** 33 **CSA** AL

**INFORMATION REQUIRED BY EPA**

“*The level of noise entering a person’s ear, when a hearing protector is worn as directed, is closely approximated by the difference between the A-weighted environmental noise level and the NRR.*”

**EXAMPLE:**

1. The environmental noise level as measured at the ear is 92 dB(A).
2. The NRR is 33 decibels (dB).
3. The level of noise entering the ear is approximately equal to [92 dB(A) - 33] 59dB(A).”

**CAUTION:**

“For noise environments dominated by frequencies below 500 Hz the C-weighted environmental noise level should be used. Improper fit of this device will reduce its effectiveness in attenuating noise. Consult the enclosed instructions for proper fit. Although hearing protectors can be recommended for protection against the harmful effects of impulsive noise, the Noise Reduction Rating (NRR) is based on the attenuation of continuous noise and may not be an accurate indicator of the protection attainable against impulsive noise such as gunfire.”

**INSTRUCTIONS FOR USE:**

Camo Plugs foam earplugs must be fitted and worn correctly to provide effective protection. Consult your supervisor or an audiologist before wearing. Wash or clean hands before use.

1. **ROLL & COMPRESS** With clean hands, hold earplug between thumb and forefinger as shown. Roll and progressively compress the entire tapered end of the earplug to a small wrinkle-free cylinder.
2. **INSERT** To ensure fitting, reach hand over head and gently pull ear upward and outward as shown. Insert compressed, tapered end of earplug well inside ear canal. Hold 30-60 seconds until earplug expands. Release, then push again for 5 seconds to ensure fit.
3. **CORRECT FIT** When properly inserted, the bottom edge of earplug is located at the opening of the ear canal.
4. **INCORRECT FIT** A portion of the earplug not in the ear canal will reduce effectiveness.
5. **USER FIT CHECK** In a noisy environment with earplugs inserted, cup hands over both ears and release. If the earplugs are inserted correctly, you should not notice a significant difference in attenuation. If a proper fit has not been obtained, move to a quiet area and repeat fitting instructions.
6. **EARPLUG REMOVAL** Remove earplug slowly. Use a gentle twisting motion to gradually break the seal. Rapid removal may damage eardrum.

**LIMITED WARRANTY IMPORTANT NOTICE TO PURCHASER**

This limited warranty is made in lieu of the warranties of merchantability, fitness for particular purposes and all other warranties, express or implied. There are no other warranties which extend beyond the description on the face hereof. The physical standards and specifications of Moldex will be met by products sold. Exclusive Remedies: damages for the breach of this limited warranty are limited to the replacement of such quantity of Moldex products proved to be defectively manufactured. Except as provided above, Moldex shall not be liable or responsible for any loss, damages, or liability, direct, indirect, incidental, special or consequential, arising out of a sale, use or misuse, or the inability to use products by the user.

Keep earplugs away from infants and small children as they may get caught in the windpipe and create a choking hazard.

Moldex, Ideas that wear well, BattlePlug, Camo Plugs, the PVC-Free logo and the random colored streaks and swirls are registered trademarks. Pocket-Pak Duo is a trademark of Moldex-Metric, Inc. Patent pending. Also, one or more of the following U.S. Patents: #D618,333, #D676,954, #8,161,975, #D677,777, #8,671,948, #D512,141 and #8,413,66. Made in U.S.A.