1. **ROLL & COMPRESS.** With clean hands, hold earplug between thumb and forefinger as shown. Roll and progressively compress the entire tapered end of the earplug to a small wrinkle-free cylinder.

2. **INSERT PLUG.** To ensure fitting, reach hand over head and gently pull ear upward and outward as shown. Insert compressed, tapered end of earplug well inside ear canal. Hold 30-60 seconds until earplug expands. Release, then push in again for 5 seconds to ensure fit.

3. **CORRECT FIT.** When properly inserted, the bottom edge of earplug is located at the opening of the ear canal.

4. **INCORRECT FIT.** A portion of the earplug not in the ear canal will reduce effectiveness.

**WARNING**

1. Use these laboratory derived attenuation data for comparison purposes only. The amount of protection afforded in field use often is significantly lower depending upon how the protectors are fitted and worn.
2. Failure to follow all instructions could result in hearing loss or injury.
3. Failure to obtain a proper fit will reduce effectiveness of hearing protectors and could result in hearing loss or injury.
4. Over protection can be dangerous. The wearer must be able to hear warning signals.
5. Wearers with hearing loss should exercise extreme caution.
6. It is the employer’s responsibility to ensure that the type of hearing protector and its rating is appropriate for the user in their particular workplace.
7. Use caution when working around machinery or any other equipment to ensure neck cord does not become caught or entangled.
8. Failure to follow these warnings could result in serious injury or death.
9. Moldex earplugs must only be used as part of a hearing conservation program that complies with applicable local safety and health regulations.

For additional information, consult your Supervisor, read all information on box.

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